



## COUNTY OF SAN DIEGO, HEALTH AND HUMAN SERVICES AGENCY, MENTAL HEALTH SERVICES



### MENTAL HEALTH SERVICES ACT (MHSA) COMMUNITY SERVICES AND SUPPORTS (CSS) PROGRAMS AND SERVICES

The Mental Health Services Act (MHSA), Proposition 63, was approved by California voters in November 2004 and became effective January 1, 2005. The MHSA provides funding for expansion of mental health services in California. As required by the law, the County of San Diego, through the Health and Human Services Agency (HHSA) Mental Health Services Division, has completed the MHSA Community Services and Supports (CSS) Program and Expenditure Plan. The MHSA CSS Plan outlines proposed MHSA funded programs and services to be provided locally for Fiscal Year 2005-06 through 2007-08. San Diego County's initial annual allocation will be used to expand and enhance programs for unserved and underserved County residents who are eligible and in need of public mental health services. The County's MHSA CSS Plan will be updated annually based on funding revisions and other program considerations.

The MHSA provides access to services for new or expanded programs, but may not replace or supplant existing expansion will target Seriously Emotionally Disturbed (SED) children and youth and Severely Mentally Ill. Seriously Emotionally Disturbed refers to children and youth with difficulty functioning in multiple life domains, such as school, home, etc. Serious mental illness (SMI) is a term defined by Federal regulations that generally applies to mental disorders that interfere with some area of social functioning.

In accordance with the MHSA CSS **Vision Statement** and **Guiding Principles**, services are designed to adhere to the following principles:

- Cultural and linguistic competency
- Promotion of resiliency in children and their families, and recovery/wellness for adults and their families
- Increased access to services, including timely access and more convenient geographic locations for services
- Services that are more effective, including evidence-based or best practices
- Reduced need for out-of-home and institutional care, maintaining clients in their communities
- Reduced stigma towards mental illness
- Consumer and Family participation and involvement
- Increased array and intensity of services
- Screening and treatment for persons with dual diagnoses
- Improved collaboration between mental health and other systems (education, law enforcement, child welfare, etc.)
- Services tailored to age-specific needs
- Address eligibility gaps by serving the uninsured and unserved

## CSS Plan: ALL-OE All Ages Outreach and Engagement

Old CSS Plan	Program	Program Description	Program Goal	Target Population	Services Offered	Contact Information
ALL-1	Services for Deaf & Hard of Hearing	A specialized outpatient service for underserved/unserved individuals of all ages who are deaf or hard of hearing, including those who may have a co-occurring substance use disorder.	Assist clients who are deaf and hard of hearing to achieve a more adaptive level of functioning.	<ul style="list-style-type: none"> <li>• Underserved/unserved</li> <li>• Seriously Emotional Disturbed and Seriously Mentally Ill individuals of all ages</li> <li>• Deaf or hard of hearing.</li> <li>• Targets individuals with co-occurring substance use disorder</li> </ul>	<ul style="list-style-type: none"> <li>• Assessment</li> <li>• Crisis intervention</li> <li>• Individual therapy</li> <li>• Collateral contact</li> <li>• Group therapy services</li> </ul>	<b>National Center for Deaf Advocacy</b> <b>1122 Broadway, Ste 200</b> <b>San Diego, CA 92101</b> <b>(858) 410-1067</b> <b>www.ncda-usa.org</b>
ALL-2	Services for Victims of Trauma and Torture	Countywide specialized outpatient mental health services to unfunded clients who are victims of trauma and torture.	Increase specialized services to uninsured, unserved clients who are victims of trauma and torture.	<ul style="list-style-type: none"> <li>• Uninsured, unserved SED/SMI individuals who are victims of trauma and torture</li> <li>• Children (age 0-17)</li> <li>• Transition Age Youth-TAY (age 18-24)</li> <li>• Adults (age 18-59)</li> <li>• Older Adults (age 60 years and over)</li> </ul>	<ul style="list-style-type: none"> <li>• Mental health assessment</li> <li>• Dual diagnosis services</li> <li>• Individual and group therapy</li> <li>• Case management and referrals</li> </ul>	<b>Survivors of Torture, International</b> <b>(619) 278-2400</b> <b>www.notorture.org</b>
ALL-6: CY 4.1, A-7 & OA-3	Mental Health & Primary Care Services Integration	Mental health assessment and treatment services at community health clinic settings across San Diego county.	Increase countywide access to mental health services to unserved and uninsured people who have SED/SMI.	<ul style="list-style-type: none"> <li>• Unserved, uninsured</li> <li>• Children, Adolescents, Transitional Age Youth, Adults, Older Adults and their families</li> </ul>	<ul style="list-style-type: none"> <li>• Mental health assessment</li> <li>• Dual diagnosis screening</li> <li>• Information</li> <li>• Brief mental health services</li> <li>• Referrals as needed</li> </ul>	<b>Council of Community Clinics</b> <b>(619) 542-4300</b> <b>www.ccc-sd.org</b>

## CSS Plan: ALL-SD All Ages System Development

Old CSS Plan	Program	Program Description	Program Goal	Target Population	Services Offered	Contact Information
ALL-4	Interpreter Services	Interpreter services required to support efforts to outreach to unserved and underserved populations	To increase services to non English speaking populations and improve quality of these services to consumers and families.	<ul style="list-style-type: none"> <li>• Unserved, underserved individuals who have identify difficulty in speaking or understanding English.</li> <li>• Children, Adolescents, Transitional Age Youth, Adults, Older Adults and their families</li> </ul>	<ul style="list-style-type: none"> <li>• Interpretation for all mental health and case management services</li> <li>• Additionally linkages with families in need of language translation</li> </ul>	<b>Interpreters Unlimited</b> <b>11199 Sorrento Valley Rd,</b> <b>Ste 203</b> <b>San Diego, CA 92121</b> <b>(800) 726-9891</b> <b>www.interpretersunlimited.org</b>
ALL-5	Psychiatric Emergency Response Services	The service pairs law enforcement officers with psychiatric emergency clinicians to serve children and adults throughout the County.	To expand program into unserved areas and improve collaboration between the mental health and law enforcement systems with the goal of more humane and effective handling of incidents involving law enforcement officers and mentally ill and developmentally disabled individuals.	<ul style="list-style-type: none"> <li>• Countywide services to individuals with a mental health crisis who have come in contact with local law enforcement agencies and/or who need immediate mental health crisis intervention and/or assessment.</li> <li>• Services to all ages, with a focus on: <ul style="list-style-type: none"> <li>○ Children</li> <li>○ Transitional Age Youth (TAY)</li> <li>○ Older Adults</li> <li>○ Veterans</li> <li>○ Homeless</li> <li>○ Native Americans</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Provide mental health consultation, case coordination, linkage and limited crisis intervention services to mentally ill clients who come in contact with law enforcement officers.</li> <li>• Provide a training program for law enforcement personnel.</li> <li>• Develop a neighborhood outreach program.</li> </ul>	<b>PERT, Inc.</b> <b>1094 Cudahy Pl, Ste 314</b> <b>San Diego, CA 92110</b> <b>(619) 276-8112</b>

## CSS Plan: ALL-SD All Ages System Development (Continued)

Old CSS Plan	Program	Program Description	Program Goal	Target Population	Services Offered	Contact Information
ALL-7: A-9	Chaldean Outpatient Services	Outpatient mental health services for Chaldean and Middle Eastern populations in SD County.	Provide culturally appropriate mental health, case management and linkage to services to Iraqi refugees and other Middle Eastern populations.	<ul style="list-style-type: none"> <li>• Children, Adolescents, Transitional Age Youth, Adults, and Older Adults with SMI</li> <li>• Target Middle Eastern populations.</li> </ul>	<ul style="list-style-type: none"> <li>• Mental health services including:</li> <li>• Medication management</li> <li>• Individual and group treatment</li> <li>• Case management and linkage to other needed services.</li> </ul>	<b>Chaldean-Middle Eastern Social Services Behavioral Health Program</b> <b>486 S. Magnolia Ave, Ste 201</b> <b>El Cajon, CA 92020</b> <b>(619) 631-7400</b> <b>www.c-mss.org</b>

## CSS Plan: CY-FSP Children and Youth Full Service Partnerships

Old CSS Plan	Program	Program Description	Program Goal	Target Population	Services Offered	Contact Information
CY-3	Cultural Language Specific Outpatient	Culturally competent Full Service Partnership mental health services to Latino and Asian/Pacific Islander children, youth and their families. Services “do whatever it takes” to assist clients in meeting their mental health goals.	Increase the number of Latino and Asian/Pacific Islander SED children, youth & their families receiving mental health services.	<ul style="list-style-type: none"> <li>• SED children and youth up to age 18 and their families</li> <li>• Latino and Asian/Pacific Islander</li> <li>• Uninsured and underserved, with a secondary focus on Medi-Cal underserved</li> <li>• Family Partners targeted to Southeast Mental Health Clinic and Region. Expanded services to include TAY</li> </ul>	Culturally and linguistically competent services, including: <ul style="list-style-type: none"> <li>• Outreach &amp; engagement</li> <li>• Parent Partners</li> <li>• Mental health education</li> <li>• Crisis intervention</li> <li>• Individual, group and family counseling</li> <li>• Trauma focused CBT (EBP)</li> <li>• Case management</li> <li>• Psychiatric services including medication</li> <li>• Full Service Partnership services and supports</li> <li>• Treatment plans for obesity and diabetes</li> </ul>	<b>Community Research Foundation – CARE</b> <b>8775 Aero Dr, Ste 333</b> <b>San Diego, CA 92123</b> <b>(858) 836-1090</b>  <b>Harmonium Inc. FPP</b> <b>5275 Market St, Ste G</b> <b>San Diego, CA 92114</b>  <b>Southeast Children’s Mental Health</b> <b>3177 Oceanview Blvd</b> <b>San Diego, CA 92113</b> <b>(619) 595-4400</b>
CY-5.3	Homeless/Runaway Mental and Behavioral Health Services	A team-based approach to “do whatever it takes” to support homeless and runaway children and youth in attaining mental health services. Provide Assertive Outreach, Full Service Partnership (FSP) services and strong connections with community resources.	Increase access to mental and behavioral health services for homeless and runaway children/youth with SED (Serious Emotional Disturbance).	<ul style="list-style-type: none"> <li>• SED homeless and runaway children and TAY youth up to age 20</li> <li>• Uninsured and underserved, with a secondary focus on Medi-Cal underserved</li> <li>• Located in the Central Metro Region of San Diego County</li> <li>• Serves homeless youth countywide including North, East and Central Regions</li> </ul>	<ul style="list-style-type: none"> <li>• Outreach and engagement</li> <li>• Crisis intervention</li> <li>• Individual, group and family counseling</li> <li>• Case management</li> <li>• Rehabilitative services</li> <li>• Psychiatric evaluation, medication monitoring and pharmaceuticals</li> <li>• FSP services and supports</li> <li>• Assertive Outreach Model</li> <li>• Co-occurring disorders</li> <li>• EMDR trauma intervention</li> <li>• EBP: Trauma Focused CBT</li> </ul>	<b>San Diego Youth &amp; Community Services Counseling COVE</b> <b>2250 4th Ave, Ste 301</b> <b>San Diego, CA 92101</b> <b>(619) 525-9903</b>

## CSS Plan: CY-FSP Children and Youth Full Service Partnerships (Continued)

Old CSS Plan	Program	Program Description	Program Goal	Target Population	Services Offered	Contact Information
CY-7	Wraparound Services	Provide wraparound mental health services to clients and their families to transition children/ youth currently in Child Welfare Services custody and residential placement back to a home environment. Provide FSP services to children, youth and families receiving TBS services and connection of clients to a primary care provider.	Return children/youth to their family or family-like setting, support permanency and enhance long-term success. Maintain children at home or in their current housing situation to enhance long term success.	<ul style="list-style-type: none"> <li>• SED Children/youth age 3-18+</li> <li>• In CWS custody and residential placement</li> <li>• Support client plans that address health issues to include but not be limited to obesity, diabetes, poor diet, inactivity and asthma</li> </ul>	<ul style="list-style-type: none"> <li>• Full Service Partnership</li> <li>• Assessment</li> <li>• Treatment</li> <li>• Case Management</li> <li>• Dual Diagnosis services</li> <li>• TBS services enhanced</li> <li>• Connection to primary care provider and development of a wellness notebook to assist families in organizing children medical information</li> </ul>	<p><b>Fred Finch Youth Center</b>  <b>6160 Mission Gorge Rd,</b>  <b>Ste 200</b>  <b>San Diego, CA 92120</b>  <b>(619) 281-3706</b></p> <p><b>MHS, Inc.</b>  <b>Families Forward/TBS</b>  <b>9445 Farnham St, Ste 100</b>  <b>San Diego, CA 92123</b>  <b>(858) 380-4676</b></p> <p><b>New Alternatives/TBS</b>  <b>2535 Kettner Blvd, Ste 1A4</b>  <b>San Diego, CA 92125</b>  <b>(619) 615-0701</b></p> <p><b>Services available by referral from Child Welfare Services.</b></p>

## CSS Plan: CY-FSP Children and Youth Full Service Partnerships (Continued)

Old CSS Plan	Program	Program Description	Program Goal	Target Population	Services Offered	Contact Information
CY-10	Child/Youth Case Management	Enhance outpatient services to children, youth, and families in six outpatient clinics to provide full service partnership services. These clinics are located in all six regions of San Diego County and their clients reflect the diversity of each region. Enhance services to clients and families by providing case management in clinics in addition to the services.	Transform the system by augmenting the clinic-based services with case managers and rehabilitation workers who can work with families that have a variety of other unmet needs that may impact resiliency. Provide FSP services including development of “wellness plans” for parents to organize their children’s medical information.	<ul style="list-style-type: none"> <li>• Children and youth diagnosed with Serious Emotional Disturbance (SED) and their families</li> <li>• Who are receiving mental health services in outpatient clinics</li> <li>• Support client plans that address health issues to include but not limited to obesity, diabetes, poor diet, inactivity and asthma</li> </ul>	<ul style="list-style-type: none"> <li>• Case management</li> <li>• Consultation,</li> <li>• Coordination, referral, and linkage</li> <li>• Family outreach through home visits</li> <li>• Rehabilitation groups</li> <li>• Individual, group and family therapy</li> <li>• Psychiatric services including medication</li> <li>• Full service partnership services and supports in 6 clinics</li> </ul>	<p><b>Rady's Children's Outpatient Psychiatry (COP) Clinics</b></p> <ul style="list-style-type: none"> <li>• <u>Central Clinic &amp; School Based - Central/East/South</u> 3665 Kearny Villa Rd San Diego, CA 92123</li> <li>• <u>North Coastal</u> 3142 Vista Way, Ste 205 Oceanside, CA 92056</li> <li>• <u>North Inland</u> 625 W. Citracado Pkwy, Ste 102 Escondido, CA 92025</li> </ul> <p><b>Community Research Foundation</b></p> <ul style="list-style-type: none"> <li>• <u>Douglas Young Youth and Family Services</u> 7907 Ostrow St, Ste F San Diego, CA 92111</li> <li>• <u>Crossroads Family Center</u> 1625 E. Main St, Ste 200 El Cajon, CA 92021</li> <li>• <u>Nueva Vista Family Services</u> 1161 Bay Blvd, Ste B Chula Vista, CA 91911</li> </ul> <p><b>Union of Pan Asian Communities</b></p> <ul style="list-style-type: none"> <li>• <u>Children's Mental Health Counseling and Treatment Center</u> 1031 25th St, Ste C San Diego, CA 92102</li> </ul>

## CSS Plan: CY-OE Children and Youth Outreach and Engagement

Old CSS Plan	Program	Program Description	Program Goal	Target Population	Services Offered	Contact Information
CY-1	School Based Mental Health Services	Mental health services provided on over 300 school sites across the County. Expands Medi-Cal funded programs to include unserved clients (those with no access to services).	Increase outreach and access to services to uninsured and underserved Seriously Emotionally Disturbed (SED) children, youth and their families	<ul style="list-style-type: none"> <li>• SED children and youth up to age 18 and their families who are unfunded</li> <li>• Targets underserved Latino and Asian-Pacific Islanders.</li> </ul>	<ul style="list-style-type: none"> <li>• Outreach &amp; engagement</li> <li>• Crisis intervention</li> <li>• Individual, group and family counseling</li> <li>• Case management</li> <li>• Rehabilitative Services</li> <li>• Psychiatric evaluation, medication monitoring and pharmaceuticals.</li> <li>• Integrated co-occurring disorders treatment</li> <li>• Incredible Years EBP for preschoolers.</li> </ul>	<b>Various school-based programs countywide.</b>
CY-5.2	Mobile Adolescent Services Team (MAST)	Mental health assessment and treatment services located at Juvenile Court and Community School (JCCS) sites countywide. Expands Medi-Cal funded program to include unserved clients (those with no access to services).	Increase access to services to Seriously Emotionally Disturbed (SED) youth who attend JCCS and expand services to North County JCCS school sites.	<ul style="list-style-type: none"> <li>• Children and youth attending JCCS classes and their families</li> <li>• Uninsured and underserved</li> <li>• Expelled from home school districts and/or involved with juvenile justice system.</li> </ul>	<ul style="list-style-type: none"> <li>• Individual, group and family therapy</li> <li>• Medication monitoring</li> <li>• Integrated services to youth with co-occurring disorders.</li> <li>• Use of Cognitive Behavioral Therapy as an evidence based practice for this population.</li> </ul>	<b>Community Research Foundation</b> <b>Mobile Adolescent Services Team (MAST)</b> <b>1202 Morena Blvd, Ste 100</b> <b>(619) 398-3261</b>



## CSS Plan: CY-SD Children and Youth System Development

Old CSS Plan	Program	Program Description	Program Goal	Target Population	Services Offered	Contact Information
CY-2.1	Family and Youth Information/Education Program	Conduct forums in each of the six regions emphasizing education and information regarding the de-stigmatization of mental illness and the use of psychotropic medication.	Increase knowledge of mental illness and SED; improve children/family ability to benefit from services; inform children/family of resources and how to access Mental Health Services; decrease barriers to services.	<ul style="list-style-type: none"> <li>• Children and youth with SED (0-18 years old) and their families.</li> <li>• Emphasis on Latino and Asian/Pacific Islander</li> </ul>	<ul style="list-style-type: none"> <li>• Educational forums</li> <li>• Encourage youth/family to assume leadership role in training</li> <li>• Develop training plan for children/youth and families</li> <li>• Provide outreach and training to under served and unserved population</li> </ul>	<b>Mental Health Systems, Inc.</b> <b>12344 Oak Knoll Rd, Ste C-1</b> <b>Poway, CA 92064</b> <b>(858) 513-3887</b>
CY-2.2	Family/Youth Peer Support Services	Provide support and linkage to services and community resources to children/youth and their families who are being served by the Homeless Outreach program or currently receiving mental health treatment. Assist with continuity of treatment and transition from program to program or community resources.	Improve the ability of children and youth and their families to benefit from mental health services.	<ul style="list-style-type: none"> <li>• Severely emotionally disturbed (SED) children and youth and their families</li> <li>• Currently receiving mental health services</li> <li>• Priority access to clients in the MHSA funded program CY-5.3 (Services to Homeless and Runaways)</li> <li>• Target populations expanded to serve TAY Homeless to age 20</li> </ul>	<ul style="list-style-type: none"> <li>• Support services provided by family and youth partners</li> <li>• Coordinated and integrated with County of San Diego, HHSA regions, Probation, Child Welfare Services, Regional Center, Education, physical health providers, community resources.</li> <li>• Case management</li> </ul>	<b>San Diego Youth &amp; Community Services</b> <b>2250 4th Ave, Ste 301</b> <b>San Diego, CA 92101</b> <b>(619) 525-9903</b>

## CSS Plan: CY-SD Children and Youth System Development (Continued)

Old CSS Plan	Program	Program Description	Program Goal	Target Population	Services Offered	Contact Information
CY-4.2: ALL-3	Mobile Psychiatric Emergency Response & North County Walk-In Assessment Clinic	Provide mobile crisis mental health response in conjunction with a Walk-In Assessment Clinic for the North County. An assessment team of licensed clinicians will respond to client calls within four hours and provide voluntary services.	Reduce the use of emergency and inpatient services, prevent escalation, and promote the management of mental illness.	<ul style="list-style-type: none"> <li>• Unserved, uninsured and underserved SED children/youth up to the age of 17 and their families</li> <li>• Experiencing a mental health crisis or urgent need for mental health services</li> </ul>	<ul style="list-style-type: none"> <li>• Assessment</li> <li>• Information</li> <li>• Referral</li> <li>• Medication management</li> <li>• Linkage to hospital when required</li> <li>• Follow-up visits</li> </ul>	<b>Rady Children's Hospital Behavioral Crisis Center</b> 3605 Vista Way, Ste 258 Oceanside, CA 92054 (760) 730-5900
CY-5.1	Medication Support for Wards and Dependents	Provide short term (no more than 3 months) stabilization with psychotropic medication and linkage to community-based or private facility for on-going treatment.	Assist the child and family with support, linkage and coordination to community or private ongoing mental health services if needed.	<ul style="list-style-type: none"> <li>• Children/youth and family with SED</li> <li>• Wards and dependents</li> <li>• Without funding and/or have exhausted medication resources</li> <li>• Referred by the Probation Department Child Welfare Services</li> </ul>	<ul style="list-style-type: none"> <li>• Assessment</li> <li>• Medication management services</li> <li>• Case management</li> <li>• Linkage and referral for on-going care including one-to-one therapy and family counseling when required</li> </ul>	<b>Vista Hill Juvenile Court Clinic</b> Services available by referral from the Juvenile Court and/or from the CARE Unit at Polinsky Children's Center.
CY-6	Early Childhood Mental Health Services/ ChildNet SED	Mental health outpatient services to SED children ages birth through 5 years and their families using the "Incredible Years" evidence based practice model and a family approach.	Increase access to mental health services to SED children ages birth through 5 and their families, while strengthening parenting skills. Increase parent competency and reduce behavioral problems.	<ul style="list-style-type: none"> <li>• Children ages birth through 5 and their families</li> <li>• Assessed and diagnosed with aggressive behavior problems</li> <li>• Residents of the North Region of San Diego County</li> <li>• Uninsured or Medi-Cal eligible</li> <li>• Target preschools in North Region</li> </ul>	<ul style="list-style-type: none"> <li>• Assessment</li> <li>• Behavioral intervention</li> <li>• Teacher intervention at designated preschools</li> <li>• Implementation of Incredible Years.</li> <li>• Expansion of services to preschool on Pendleton Marine base due to problems with children whose parents are deployed to Iraq or returning home.</li> </ul>	<b>Palomar Family Counseling Services ChildNet</b> 1002 East Grand Ave Escondido, CA 92025 (760) 741-2660

## CSS Plan: CY-SD Children and Youth System Development (Continued)

Old CSS Plan	Program	Program Description	Program Goal	Target Population	Services Offered	Contact Information
CY-8	Placement Stabilization Services	Provide mental health services to clients and their families to stabilize and maintain children and youth in home-like settings. Provide peer mentorship services to CWS youth in placement.	Return children/youth to their family or family-like setting; deter children/youth from placement in a higher level of care; and stabilize current placement.	<ul style="list-style-type: none"> <li>• SED Children &amp; adolescents under the age of 18</li> <li>• Reside at home, foster care or small group home (6 or less)</li> <li>• At risk of change of placement to a higher level of care</li> <li>• Juvenile probation wards and former foster youth engaged in the THP+ Program</li> <li>• Residents at San Pasqual Academy</li> <li>• Residents at Clark Center</li> </ul>	<ul style="list-style-type: none"> <li>• Assessment</li> <li>• Evaluation</li> <li>• Case management</li> <li>• Treatment (including evidence based practices)</li> <li>• Case consultation and other needed mental health interventions</li> <li>• Peer mentorship</li> <li>• Life skills-building EBP</li> <li>• Integrated EBP Incredible Years and Family Visitation model</li> </ul>	<p><b>Fred Finch Youth Center Comprehensive Assessment and Stabilization Services (CASS)</b> (619) 281-3706</p> <p><b>Juvenile Forensic Services</b> 2901 Meadowlark Dr San Diego, CA 92123</p> <p><b>San Pasqual Academy</b> 17701 San Pasqual Valley Rd Escondido, CA 92025 (760) 741-4300</p> <p><b>San Diego Center for Children Clark Day Treatment Program</b> 3002 Armstrong St San Diego, CA 92111</p> <p><b>Vista Hill Incredible Families Program</b> 4990 Williams Ave La Mesa, CA 91942 (619) 668-4263</p> <p><b>Services available by referral from Child Welfare Services.</b></p>
CY-9	Juvenile Hall Mental Health Re-Entry Program	Provide mental health screening of all youth detained in the Kearny Mesa Juvenile Detention Facility to identify youth with a diagnosed mental illness that can be released with appropriate mental health services.	Reduce the number of youth in juvenile hall, providing advocacy for appropriate education services, and decreasing the number of mentally ill minority youth detained in juvenile hall.	<ul style="list-style-type: none"> <li>• Youth, age 12 to 17</li> <li>• Detained in the Kearny Mesa Juvenile Detention Facility</li> <li>• Identified as having a mental health diagnosis</li> <li>• Eligible for release into the community</li> </ul>	<ul style="list-style-type: none"> <li>• Screening</li> <li>• Evaluation</li> <li>• Referral</li> <li>• Case management</li> <li>• Assertive Community Treatment</li> <li>• Multi Systemic Therapy</li> </ul>	TBD

## CSS Plan: TAOA-FSP Transitional Age Youth, Adult and Older Adult Full Service Partnerships

Old CSS Plan	Program	Program Description	Program Goal	Target Population	Services Offered	Contact Information
A-1	Integrated Services and Supported Housing	A team-based approach to “do whatever it takes” to support clients in attaining housing and employment. Full Service Partnership (FSP) and housing services are offered.	Reduce homelessness and provide comprehensive ‘wraparound’ mental health services for those adults who are most severely ill, most in need due to severe functional impairments, and who have not been able to be adequately served by the current system. Increase timely access to mental health services.	<ul style="list-style-type: none"> <li>• County-wide</li> <li>• Adults, age 25-59, who have Severe Mental Illness (SMI) and are homeless or at risk of becoming homeless.</li> <li>• Targets unserved, high users of inpatient care, medical services or locked long-term care facilities</li> <li>• Targets women and African-Americans.</li> </ul>	<ul style="list-style-type: none"> <li>• Outreach</li> <li>• Crisis intervention</li> <li>• 24/7 intensive case management</li> <li>• Mental health services</li> <li>• Supported education, employment and housing services (short-term, transitional and permanent supported housing)</li> <li>• Rehabilitation and recovery services</li> <li>• Liaison with Justice system</li> <li>• FSP services and supports</li> </ul>	<p><b>Community Research Foundation</b>  <a href="http://www.comresearch.org">www.comresearch.org</a></p> <ul style="list-style-type: none"> <li>• <u>IMPACT</u>  1260 Morena Blvd, Ste 100  San Diego, CA 92110, (619) 398-0355</li> <li>• <u>Downtown IMPACT</u>  995 Gateway Center Way, Ste 300  San Diego, CA 92102, (619) 398-2156</li> <li>• <u>Maria Sardiñas Case Management</u>  1465 30<sup>th</sup> St  San Diego, CA 92154, (619) 428-1000</li> <li>• <u>South Bay Guidance Center Case Management</u>  835 3rd Ave, Ste C  Chula Vista, CA 91911, (619) 427-4661</li> </ul> <p><b>Mental Health Systems, Inc.</b>  <a href="http://www.mhsinc.org">www.mhsinc.org</a></p> <ul style="list-style-type: none"> <li>• <u>North Star ACT/FSP</u>  474 W. Vermont Ave, Ste 104  Escondido, CA 92025, (760) 432-9884</li> <li>• <u>Case Management North</u>  550 W. Vista Way, Ste 206  Vista, CA 92083, (760) 724-9112</li> </ul> <p><b>Telecare Pathway to Recovery ACT/InReach FSP Program &amp; Telecare Gateway to Recovery ACT/Transition Team FSP Program</b>  3132 Jefferson St  San Diego, CA 92110  (619) 683-3100  <a href="http://www.telecarecorp.com">www.telecarecorp.com</a></p> <p><b>County Institutional Case Management</b>  1250 Morena Blvd, 2<sup>nd</sup> Fl  San Diego, CA 92110  (619) 692-8715</p> <p><b>ECS – Uptown Safe Haven Transitional Housing</b>  2822 5<sup>th</sup> Ave  San Diego, CA 92103  (619) 294-7894  <a href="http://www.esccalifornia.org">www.esccalifornia.org</a></p>

## CSS Plan: TAOA-FSP Transitional Age Youth, Adult and Older Adult Full Service Partnerships (Continued)

Old CSS Plan	Program	Program Description	Program Goal	Target Population	Services Offered	Contact Information
A-2	Justice Integrated Services and Supported Housing	A team-based approach to “do whatever it takes” to support justice system clients in attaining housing and employment. Assertive Community Treatment (ACT), Full Service Partnership (FSP) and housing services are offered.	Reduce incarceration, institutionalization and homelessness. To provide comprehensive ‘wraparound’ mental health services for those adults who are most severely ill, most in need due to severe functional impairments, and who have not been able to be adequately served by the current system. Increase timely access to mental health services.	<ul style="list-style-type: none"> <li>Adults, age 25-59, who have SMI (Severe Mental Illness) are homeless or at risk of becoming homeless with active or recent criminal justice involvement.</li> <li>Targets unserved, high users of inpatient care, medical services or locked long-term care facilities</li> <li>Targets women and African-Americans.</li> <li>Targets clients re-entering the community from the justice system.</li> </ul>	<ul style="list-style-type: none"> <li>Outreach</li> <li>Crisis intervention</li> <li>24/7 intensive case management</li> <li>Mental health services</li> <li>Supported education, employment and housing services (short-term, transitional and permanent supported housing)</li> <li>Rehabilitation and recovery services</li> <li>Liaison with Justice system</li> <li>FSP services and supports</li> <li>Diversion, re-entry and probation services</li> </ul>	<b>MHS, Inc. Center Star ACT/FSP</b> <b>4283 El Cajon Blvd, Ste 115</b> <b>San Diego, CA 92105</b> <b>(619) 521-1743</b> <b>www.mhsinc.org</b>
TAY-1	Integrated Services and Supported Housing	Intensive Assertive Community Services (ACT) including Full Service Partnership services and supports. Housing options will be provided, including short term housing, transitional and permanent supported housing.	Increase mental health services for Transition Age Youth (TAY). Decrease incidence of homelessness. Increase client’s self-sufficiency through development of life skills.	<ul style="list-style-type: none"> <li>TAY, age 16-24</li> <li>Homeless, clients of the justice system and/or aging out of foster care.</li> <li>Females are targeted.</li> </ul>	<ul style="list-style-type: none"> <li>Outreach and engagement</li> <li>Crisis intervention</li> <li>Intensive case management</li> <li>Supported education/employment and housing services</li> <li>Rehabilitation and recovery services</li> <li>Care coordination</li> <li>Skill development</li> <li>FSP services and supports</li> </ul>	<b>Providence Community Services</b> <b>Catalyst Program</b> <b>7155 Mission Gorge Road</b> <b>San Diego, CA 92120</b> <b>(858) 300-0460</b>  <b>MHS, Inc. Youth Transition Program</b> <b>550 W. Vista Way, Ste 407</b> <b>Vista, CA 92083</b> <b>(760) 758-1092</b>

## CSS Plan: TAOA-FSP Transitional Age Youth, Adult and Older Adult Full Service Partnerships (Continued)

Old CSS Plan	Program	Program Description	Program Goal	Target Population	Services Offered	Contact Information
TA-1	Intensive Case Management	To provide short-term intensive case management services to help individuals connect with relevant resources, which include housing and employment.	To reduce psychiatric hospitalization and improve community support through short-term intensive case management services.	<ul style="list-style-type: none"> <li>• TAY, age 18-24</li> <li>• Adults, age 18-59</li> <li>• Who have a diagnosis of SMI</li> <li>• Are users of acute psychiatric inpatient care</li> <li>• Have Medi-Cal or are indigent</li> </ul>	<ul style="list-style-type: none"> <li>• Outreach and engagement</li> <li>• Mental health counseling</li> <li>• Intensive case management</li> <li>• Short-term rehabilitation services</li> <li>• Linkage and care coordination</li> <li>• Transition to longer-term case management as indicated</li> </ul>	<b>Telecare Corporation</b> <b>3211 Jefferson St</b> <b>San Diego, CA 92110</b> <b>(619) 683-3100</b> <b>www.telecarecorp.com</b>
TA-2: TAY-3	Dual Diagnosis Residential Treatment Program	<p><u>Alpine STC</u> Comprehensive, 24/7, residential dual diagnosis, Full Service Partnership services that are individualized, culturally competent and linguistically appropriate with integrated mental health and substance abuse services and supports.</p> <p><u>Casa Pacifica</u> Comprehensive, 24/7, residential and bio-psychosocial rehabilitative services, Full Service Partnership (FSP) program offering services including medical support, case management/brokerage, crisis intervention, rehabilitation, and recovery interventions.</p>	<p><u>Alpine STC</u> Reduce hospitalizations, institutionalization and incarcerations. Assist substance-abusing TAY to become alcohol or other drug-free. Increase level of functioning and ability to be self-sufficient and live independently in the community.</p> <p><u>Casa Pacifica</u> Increase independent living and reduce hospitalizations. Provide residents with a variety of services to improve their quality of life, self-sufficiency and independence. Provide educational and employment opportunities. Ensure linkage to primary care physicians.</p>	<p><u>Alpine STC</u></p> <ul style="list-style-type: none"> <li>• San Diego County Transition Age Youth, age 18-24, who have a diagnosis of SMI</li> <li>• Diagnosed with co-occurring mental illness and substance disorders.</li> </ul> <p><u>Casa Pacifica</u></p> <ul style="list-style-type: none"> <li>• Adults, age 18-59, of San Diego County who have a diagnosis of SMI</li> <li>• Primary Axis I Diagnosis</li> <li>• Clients who will benefit from unlocked transitional residential rehabilitative services</li> </ul>	<ul style="list-style-type: none"> <li>• Mental health and recovery counseling groups, Peer support services</li> <li>• Care coordination &amp; linkage to physical health</li> <li>• Independent living skill development</li> <li>• Services and supports under Full Service Partnership</li> <li>• Psycho-education, wellness, employment, education, skill-development, peer support, and mentoring</li> </ul> <p><u>Alpine STC</u></p> <ul style="list-style-type: none"> <li>• Dual diagnosis treatment in a residential facility</li> </ul> <p><u>Casa Pacifica</u></p> <ul style="list-style-type: none"> <li>• Residential and In-House psychosocial rehabilitative services</li> </ul>	<p><b>Alpine Special Treatment Center</b>  <b>Starting Point</b>  <b>2120 Alpine Blvd</b>  <b>Alpine, CA 91901</b>  <b>(619) 445-7570 and</b>  <b>(619) 445-7571</b>  <b>mhrc@astci.com</b></p> <p><b>Casa Pacifica</b>  <b>321 Cassidy St</b>  <b>Oceanside, CA 92054</b>  <b>(760) 721-2171</b>  <b>www.comresearch.org</b></p>

## CSS Plan: TAOA-FSP Transitional Age Youth, Adult and Older Adult Full Service Partnerships (Continued)

Old CSS Plan	Program	Program Description	Program Goal	Target Population	Services Offered	Contact Information
OA-1	Higher Utilizer Comprehensive Integrated Services and Supported Housing	<p>Comprehensive housing and mental health services and Full Service Partnership services to Older Adults who have a SMI.</p> <p>The program establishes linkages and care coordination to physical healthcare providers. Individuals receive an array of housing options.</p>	<p>Increase timely access to services and supports to assist Older Adults and family/ caregivers in managing independent living, reducing isolation, improving mental health, and remaining safely in their homes.</p> <p>The program seeks to reduce hospitalizations and recidivism, increase client satisfaction, and has a wellness and resilience focus. The program also strives to reduce racial disparities in access to care, homelessness, involuntary services, and isolation, while increasing access to mental health services and client, family, and community participation.</p>	<ul style="list-style-type: none"> <li>• Unserved Latino, Asian/Pacific Islander Older Adults, age 60 and over with any of the following:</li> <li>• History of repeated emergency mental health or inpatient services during the year prior to program admission</li> <li>• At risk for institutionalization</li> <li>• Homeless or at risk for homelessness.</li> </ul>	<ul style="list-style-type: none"> <li>• Outreach and engagement</li> <li>• 24/7 intensive case management/wraparound services</li> <li>• Community-based outpatient services</li> <li>• Rehabilitation and Recovery Services</li> <li>• Supported employment/education</li> <li>• Peer and family (respite) support</li> <li>• Family Services</li> <li>• Transportation</li> </ul>	<p><b>Center for Aging Resources - Heritage Clinic (2 sites)</b>  <a href="http://www.centerforagingresources.org">www.centerforagingresources.org</a></p> <ul style="list-style-type: none"> <li>• 6160 Mission Gorge Rd #120 San Diego, CA 92102 (619) 282-2232</li> <li>• 200 E. Washington St, Ste 100 Escondido, CA 92025 (760) 737-8642</li> </ul>
TAOA-3	Housing Trust Fund	<p>Increase permanent supportive housing opportunities for clients in the five Full Service Partnership (FSP) Integrated Homeless Programs.</p>	<p>Leverage the development of affordable project-based permanent supportive housing for low income clients in the FSPs.</p>	<ul style="list-style-type: none"> <li>• Transition age youth, 18 to 24 years</li> <li>• Adults, 18 to 59 years</li> <li>• Older adults, 60+ years old</li> <li>• With SMI</li> <li>• Enrolled in one of the Full Service Partnerships</li> </ul>	<ul style="list-style-type: none"> <li>• This trust fund provides funding to increase permanent housing opportunities for clients enrolled in the Full Service Partnership programs.</li> </ul>	<p><b>See Full Service Partnership programs listed under: A1, A2, TAY-1, and OA-1.</b></p>

Old CSS Plan	Program	Program Description	Program Goal	Target Population	Services Offered	Contact Information
TAOA-5	Mental Health Court Calendar Diversion and Supported Housing	Provide comprehensive, integrated culturally competent mental health services for individuals with a SMI who have been found guilty of a non-violent crime and are awaiting sentencing.	Reduce incarceration and institutionalization, increase meaningful use of time and capabilities, reduce homelessness, and provide timely access to needed services.	<ul style="list-style-type: none"> <li>• Adults, 18 to 59 years</li> <li>• Older adults, 60+ years</li> <li>• Who are repeat offenders and</li> <li>• Who may have received mental health services while incarcerated or in the community and</li> <li>• Who will be referred for services via the justice system</li> </ul>	<ul style="list-style-type: none"> <li>• Diversion and re-entry services utilizing 24/7 intensive case management/wraparound services</li> <li>• Community-based outpatient services</li> <li>• Rehabilitation and recovery oriented services</li> <li>• Housing options</li> </ul>	<b>Exodus Central Connections</b> <b>4308 30th St, Ste A</b> <b>San Diego, CA 92104</b> <b>(619) 528-1752</b>



Old CSS Plan	Program	Program Description	Program Goal	Target Population	Services Offered	Contact Information
A-3	Client Operated Peer Support Services	Client-driven and client-operated countywide support services in a variety of settings.	Increase client-driven services to empower people with SMI by decreasing isolation and increasing self-identified valued roles and self-sufficiency.	<ul style="list-style-type: none"> <li>• Persons age 18 and over with a SMI</li> <li>• Unserved/underserved</li> <li>• Outreach to Latinos, Asian/Pacific Islanders &amp; those living in Board &amp; Care or Emergency Shelter/Transitional Housing facilities.</li> </ul>	<ul style="list-style-type: none"> <li>• Peer psycho-education, support &amp; advocacy</li> <li>• Employment support services</li> <li>• Skill development</li> <li>• Social/ recreational activities delivered by peer counselors</li> </ul>	<p><b>Recovery Innovations of California, Inc.</b>  <b>(RICA)</b>  <b>3565 Del Rey St, Ste 202</b>  <b>San Diego, CA 92109</b>  <b>(858) 274-4650</b>  <b>www.recoveryinnovations.org</b></p> <p><b>RICA serves a number of Board &amp; Care, Emergency Shelter, and Transitional Housing facilities throughout the County.</b></p>
A-4	Family Education Services	Family-centered education about mental illness, stigma reduction and resources to improve access to care.	Promote integration of family education services. Increase family involvement, coping skills and improving supportive relationships.	<ul style="list-style-type: none"> <li>• Family members or significant others of Transition Age Youth, Adults, &amp; Older Adults with a SMI.</li> </ul>	<ul style="list-style-type: none"> <li>• Family education curriculum taught by families</li> <li>• Outreach to and engagement with family members of persons with SMI</li> </ul>	<p><b>NAMI San Diego</b>  <b>4480 30th St</b>  <b>San Diego, CA 92116</b>  <b>(619) 584-5563</b>  <b>www.namisandiego.org</b></p>

Old CSS Plan	Program	Program Description	Program Goal	Target Population	Services Offered	Contact Information
A-5	Clubhouse Enhancement and Expansion for Employment Services	Expanded capacity for social and community rehabilitation activities and employment services.	Increase countywide social and community rehabilitation activities and employment services. Increase client's self-sufficiency through development of life skills.	<ul style="list-style-type: none"> <li>Adults, age 18 years and over, with SMI (Severe Mental Illness)</li> <li>Targets African-Americans, Latinos, Asian-Americans/ Pacific Islanders Native Americans and females.</li> </ul>	<ul style="list-style-type: none"> <li>Skill development classes</li> <li>Social rehabilitation and symptom management.</li> <li>Employment screening, job placement and support</li> <li>Peer support services</li> <li>Psycho-education, wellness, fitness, smoking cessation, and illness management classes</li> </ul>	<p><b><u>EAST REGION:</u></b></p> <ul style="list-style-type: none"> <li>CRF East Corner CH (619) 440-5133</li> </ul> <p><b><u>SOUTH REGION:</u></b></p> <ul style="list-style-type: none"> <li>CRF Casa del Sol (619) 429-1937</li> <li>CRF/MHA Visions CH (619) 420-8603</li> <li>PVH Bayview CH (619) 585-4646</li> </ul> <p><b><u>CENTRAL REGION:</u></b></p> <ul style="list-style-type: none"> <li>CRF Corner CH (619) 683-7423</li> <li>The Meeting Place (619) 294-9582</li> <li>CRF Friend-to-Friend CH (619) 955-8217</li> <li>API Discovery CH (619) 667-6176</li> <li>NHA Friendship CH (619) 263-6155</li> </ul> <p><b><u>NORTH CENTRAL REGION:</u></b></p> <ul style="list-style-type: none"> <li>UPAC East Wind CH (858) 268-4933</li> </ul> <p><b><u>NORTH COASTAL REGION:</u></b></p> <ul style="list-style-type: none"> <li>MHS, Inc. Mariposa CH (760) 439-2785</li> </ul> <p><b><u>NORTH INLAND REGION:</u></b></p> <ul style="list-style-type: none"> <li>MHS, Inc. Escondido CH (760) 737-7125</li> </ul>

Old CSS Plan	Program	Program Description	Program Goal	Target Population	Services Offered	Contact Information
A-6	Supported Employment Services	Supported employment services and opportunities for Transition Age Youth, Adults and Older Adults with SMI.	Increase competitive employment of persons age 18 and over who have a SMI and who want to become competitively employed.	<ul style="list-style-type: none"> <li>• Persons age 18 and over with SMI</li> <li>• Residents of the Central or North Central Region of San Diego County</li> <li>• Interested in becoming competitively employed</li> <li>• Specific outreach to Latino and Asian/Pacific Islander populations.</li> </ul>	<ul style="list-style-type: none"> <li>• Job screening, preparation, development, supports, coaching and placements</li> <li>• Employment opportunities</li> <li>• Supports for educational/vocational training.</li> </ul>	<b>Mental Health Systems, Inc.</b> <b>San Diego</b> <b>Employment Solutions</b> <b>100981 San Diego</b> <b>Mission Rd, Ste 100</b> <b>San Diego, CA 92108</b> <b>(619) 521-9569</b> <b>www.mhsinc.org</b>
A-10	Patient Advocacy Services for Board and Care Facilities	Provide Patient Advocacy Services for mental health clients residing in County-identified Board and Care facilities without Augmented Services Programs (ASP) throughout San Diego County.	Provide on-going support/advocacy services and training to staff and residents at County-identified Board and Care facilities with ASPs. Expands services for County-Appointed Patient Advocate.	<ul style="list-style-type: none"> <li>• Target population: approximately 50 clients residing in County-identified Board and Care facilities with Augmented Service Programs.</li> </ul>	<ul style="list-style-type: none"> <li>• Investigate problems/issues at Board and Cares.</li> <li>• Provide annual training to staff and residents at these facilities.</li> <li>• Facilitate Grievance and Appeals process for those clients.</li> <li>• Report on visits to Board and Care facilities with ASPs.</li> <li>• Review LPS facilities</li> </ul>	<b>Jewish Family Services</b> <b>2710 Adams Ave</b> <b>San Diego, CA 92116</b> <b>(800) 479-2233</b>
TAY-2	Clubhouse and Peer Support Services	A member-run Clubhouse for TAY who has a SMI and is in need of social and recreational activities, skill development and employment and education opportunities.	Increase mental health services for TAY. Increase client's self-sufficiency through development of life skills, creating and maintaining relationships and sustaining housing and supportive employment.	<ul style="list-style-type: none"> <li>• TAY, age 18-24</li> <li>• Underserved youth with Severe Mental Illness</li> </ul>	<ul style="list-style-type: none"> <li>• Peer education and support</li> <li>• Advocacy</li> <li>• Employment and educational support services</li> <li>• Skill development classes</li> <li>• Age appropriate social and recreational activities</li> </ul>	<b>Providence</b> <b>Community Services</b> <b>Oasis Clubhouse</b> <b>7155 Mission Gorge Rd</b> <b>San Diego, CA 92120</b> <b>(858) 300-0460</b>

Old CSS Plan	Program	Program Description	Program Goal	Target Population	Services Offered	Contact Information
TAY-4	Enhanced Outpatient Mental Health Services for TAY	Enhanced outpatient mental health services for TAY in need of mental health, rehabilitation and recovery services.	Increase the number of SMI TAY receiving integrated, culturally specific mental health services countywide.	<ul style="list-style-type: none"> <li>• TAY, age 18-24</li> <li>• Are not currently utilizing mental health services due to access barriers, lack of engagement or awareness of services.</li> </ul>	<ul style="list-style-type: none"> <li>• Mobile outreach and engagement</li> <li>• Mental health assessment &amp; treatment</li> <li>• Rehabilitation and recovery services</li> <li>• Linkage to community services and care coordination</li> <li>• Employment &amp; Education Support</li> </ul>	<p><b><u>EAST REGION:</u></b></p> <ul style="list-style-type: none"> <li>• CRF Heartland Center TAY (619) 440-5133</li> </ul> <p><b><u>SOUTH REGION:</u></b></p> <ul style="list-style-type: none"> <li>• CRF South Bay Guidance TAY (619) 427-4661</li> <li>• CRF Maria Sardiñas TAY (619) 428-1000</li> </ul> <p><b><u>CENTRAL REGION:</u></b></p> <ul style="list-style-type: none"> <li>• CRF Areta Crowell TAY (619) 233-3432</li> <li>• UCSD Gifford Clinic (619) 229-3510</li> <li>• NHA Project Enable TAY (619) 263-6155 x124</li> </ul> <p><b><u>NORTH CENTRAL REGION:</u></b></p> <ul style="list-style-type: none"> <li>• CRF Douglas Young TAY (858) 695-2211</li> <li>• UPAC East Wind Clinic (858) 268-4933</li> <li>• UPAC Midtown Center (619) 229-2999</li> </ul> <p><b><u>NORTH COASTAL REGION:</u></b></p> <ul style="list-style-type: none"> <li>• MHS, Inc. Vista Clinic TAY (760) 758-1092</li> </ul> <p><b><u>NORTH INLAND REGION:</u></b></p> <ul style="list-style-type: none"> <li>• MHS, Inc. Kinesis North TAY (760) 480-2255</li> </ul>

Old CSS Plan	Program	Program Description	Program Goal	Target Population	Services Offered	Contact Information
OA-2	Mobile Outreach at Home and in the Community	<p>Comprehensive housing and mental health services and Full Service Partnership services to Older Adults who have a SMI.</p> <p>Countywide 24/7 mobile outreach services to identify Older Adults in the community who are in need of mental health intervention and provide access to services at the most appropriate level of care.</p>	<p>Increase timely access to services and supports to assist Older Adults and family/ caregivers in managing independent living, reducing isolation, improving mental health, and remaining safely in their homes.</p> <p>Promote recovery goals of appropriate access and use of mental health services, self-help, and development of self-sufficiency, as well as creating a network of support and providing timely access to services.</p>	<ul style="list-style-type: none"> <li>• Unserved and underserved seniors 60 years and older with SMI who are: Latino, Asian/Pacific Islander, homeless or at risk of homelessness.</li> <li>• Priority for services will be given to those older adults with the most severe conditions and with highest incidence of emergency and inpatient services utilization or those having the most difficulties accessing care due to system barriers.</li> <li>• Families and care providers</li> </ul>	<ul style="list-style-type: none"> <li>• Mobile Outreach</li> <li>• Comprehensive mental health and substance abuse screening</li> <li>• Integrated geriatric assessment</li> <li>• Benefits eligibility information</li> <li>• Linkages and referrals to clients, family and care providers</li> <li>• Services are offered through 24/7 outreach to isolated seniors in home and to the homeless</li> <li>• On-site services at senior centers, nutrition sites, churches, and other community sites.</li> <li>• Geriatric mental health training for providers</li> </ul>	<p><b>Center for Aging Resources Heritage Clinic</b>  <b>1940 Market Street</b>  <b>San Diego, CA 92102</b>  <b>(619) 233-3381</b>  <a href="http://www.centerforagingresources.org">www.centerforagingresources.org</a></p>
OA-4	Strength-based Care Management Services	<p>Countywide, client-centered culturally/linguistically and age appropriate Care Management and Recovery &amp; Rehabilitation services following the Strength-based Care Management model. Provides Full Service Partnership (FSP) services to Older Adults who have a SMI.</p>	<p>To reduce caseload size and provide transition age adults and older adults with the opportunity for a seamless transition through an age, culturally, and linguistically appropriate continuum of care</p>	<ul style="list-style-type: none"> <li>• Transition age adults, age 55-59 years</li> <li>• Older adults, 60+ years</li> <li>• With SMI</li> <li>• Including those with co-occurring substance abuse disorders'</li> </ul>	<ul style="list-style-type: none"> <li>• Strength-based assessment and treatment</li> <li>• Rehabilitation and support services</li> <li>• Outreach and engagement</li> <li>• Crisis intervention</li> </ul>	<p><b>Center for Aging Resources Heritage Clinics (3 sites)</b>  <a href="http://www.centerforagingresources.org">www.centerforagingresources.org</a></p> <p><u>Central Case Management</u>  1940 Market St  San Diego, CA 92102  (619) 233-3381</p> <p><u>East Case Management</u>  6160 Mission Gorge Rd, #120  San Diego, CA 92120  (619) 282-2232</p> <p><u>North Case Management</u>  200 E. Washington Ave #100  Escondido, CA 92025  (760) 737-8642</p>

**CSS Plan: TAOA-SD Transitional Age Youth, Adult and Older Adult System Development (Continued)**

Old CSS Plan	Program	Program Description	Program Goal	Target Population	Services Offered	Contact Information
A0A-1: A-8	Enhanced Outpatient Mental Health Services	Enhanced outpatient mental health services for Adults.	Increase access to mental health services and overcome barriers such as language, wait times, lack of knowledge or awareness of available services.	<ul style="list-style-type: none"> <li>Adults, ages 25-59,</li> <li>Older adults, ages 60 and above</li> <li>With SMI (Severe Mental Illness)</li> <li>Targets Asian/Pacific Islanders and Latinos</li> </ul>	<ul style="list-style-type: none"> <li>Mobile Outreach</li> <li>Bio-psychosocial assessment</li> <li>Dual diagnosis screening &amp; treatment</li> <li>Crisis intervention and prevention</li> <li>Medication support services</li> <li>Individual and group therapy</li> <li>Rehab &amp; Recovery Services</li> <li>Employment Support</li> <li>Primary care integration</li> <li>Psycho-education classes</li> <li>Integrated co-occurring disorders treatment</li> <li>Telepsychiatry services offered at MHS, Inc. Kinesis North Ramona and Fallbrook satellites.</li> </ul>	<p><b><u>EAST REGION:</u></b></p> <ul style="list-style-type: none"> <li>CRF Heartland Center (619) 440-5133</li> </ul> <p><b><u>SOUTH REGION:</u></b></p> <ul style="list-style-type: none"> <li>CRF South Bay Guidance Center (619) 428-1000</li> <li>CRF Maria Sardinias Center (619) 428-1000</li> </ul> <p><b><u>CENTRAL REGION:</u></b></p> <ul style="list-style-type: none"> <li>CRF BPSR Areta Crowell (619) 233-3432</li> <li>FHC Logan Heights (619) 515-2355</li> <li>FHC Hillcrest (619) 876-4440</li> <li>NHA Project Enable (619) 263-6155</li> <li>UPAC Midtown Center (619) 229-2999</li> </ul> <p><b><u>NORTH CENTRAL REGION:</u></b></p> <ul style="list-style-type: none"> <li>CRF BPSR Douglas Young (858) 695-2211</li> </ul> <p><b><u>NORTH INLAND REGION:</u></b></p> <ul style="list-style-type: none"> <li>MHS, Inc. (3 sites) Kinesis North Wellness Recovery Center and the Ramona and Fallbrook satellites (760) 480-2255</li> <li>MHS, Inc. North Inland Mental Health Center (760) 747-3424</li> </ul> <p><b><u>NORTH COASTAL REGION:</u></b></p> <ul style="list-style-type: none"> <li>MHS, Inc. North Coastal Mental Health Center (760) 967-4475</li> <li>MHS, Inc. Vista Wellness Recovery Center (760) 758-1092</li> </ul>

Old CSS Plan	Program	Program Description	Program Goal	Target Population	Services Offered	Contact Information
TAOA-1	SSI Advocacy/Legal Aid Services	Review and submittal of SSI applications to SSA that Clubhouse SSI Advocates have completed with non-General Relief clients	Increase number of applicants that are granted SSI benefits. Review an estimated 300+ applications submitted annually by Clubhouse SSI Advocates for accuracy. Serve six Clubhouses; train new Advocates and consult with them as needed.	Indirectly assisted are: <ul style="list-style-type: none"> <li>• Adults (age 18-59),</li> <li>• Older Adults (age 60 years and over)</li> <li>• not on General Relief, not employed, have Severe and Persistent Mental Illness and who potentially meet the SSA criteria for disability</li> </ul>	<ul style="list-style-type: none"> <li>• SSI application training and consultation for peer SSI Advocates employed at Casa del Sol, Friend-to-Friend, The Meeting Place, East Corner, Mariposa and Escondido Club-houses</li> <li>• Review and submittal of applications to the Social Security Administration</li> </ul>	<b>Legal Aid Society of San Diego</b> <b>1764 San Diego Ave, 2<sup>nd</sup> Fl</b> <b>San Diego, CA 92101</b> <b>(619) 471-2648</b> <b>www.lasd.org</b>
TAOA-2	North County Walk-In Assessment Center	Provide urgent mental health services to Adults and Older Adults in the North County at a voluntary walk-in assessment center.	Provide urgent services in the North County region of San Diego to meet the community identified need.	<ul style="list-style-type: none"> <li>• Adults (age 18-59)</li> <li>• Older Adults (age 60 years and over)</li> <li>• Medi-Cal beneficiaries and uninsured individuals</li> </ul>	<ul style="list-style-type: none"> <li>• Crisis intervention</li> <li>• Triage, screening and assessment</li> <li>• Medication support</li> <li>• Case Management and community referrals.</li> <li>• Telepsychiatry</li> </ul>	<b>Exodus Recovery, Inc.</b> <b>(2 sites)</b> <ul style="list-style-type: none"> <li>• <b>524 W. Vista Way</b> <b>Vista, CA 92083</b> <b>(760) 758-1150</b></li> <li>• <b>660 E. Grand Ave</b> <b>Escondido, CA 92025</b> <b>(760) 796-7760</b></li> </ul>
TAOA-4	Peer Telephone Support Expansion	Provide phone support for any consumer of mental health services who is experiencing difficulties or has questions and needs peer support.	Provide phone support services to young adults and adults who desire support from their peers regarding mental health issues/services, social concerns, housing, vocational interests, and benefits.	<ul style="list-style-type: none"> <li>• Transition age youth (TAY), 18-24 years</li> <li>• Adults, 18 to 59 years</li> <li>• Older adults, 60+ years</li> </ul>	<ul style="list-style-type: none"> <li>• Phone support services</li> <li>• Self-help for consumers through support, referrals, and reassurance from a Peer</li> <li>• TAY counselors for TAY clients</li> <li>• Evening and weekend hours</li> </ul>	<b>The Meeting Place - Warm Line</b> <b>4034 Park Blvd</b> <b>San Diego, CA 92103</b> <b>619-294-9582</b> <b>1-800-930-WARM</b> <b>www.themeetingplace.org</b>

## Administrative Services

Old CSS Plan	Program	Program Description	Program Goal	Target Population	Services Offered	Contact Information
AS-1	Data Analysis & Performance Monitoring	Data analysis and performance monitoring for Adult and Older Adult mental health services provided by San Diego County and its contractors.	Provide consultation and assistance in the review of the outcomes of MHSA programs and services.	<ul style="list-style-type: none"> <li>Adult and Older Adult Mental Health Services programs</li> </ul>	<ul style="list-style-type: none"> <li>Collect, analyze and report mental health services data</li> <li>Provide technical assistance and consulting expertise</li> </ul>	<b>UC San Diego School of Medicine Department of Family and Preventive Medicine 9500 Gilman Dr MC 0628 La Jolla, CA 92093 (858) 534-7596</b>
AS-2	CMHS Data Service Expansion	Provide data services to track client and system outcome measures, evaluate programs and provide service utilization data for child and youth MHSA clients.	Provide consultation and assistance in the review of the outcomes of MHSA programs and services.	<ul style="list-style-type: none"> <li>Children's Mental Health Services programs</li> </ul>	<ul style="list-style-type: none"> <li>Provide training and technical assistance to MHSA Programs.</li> <li>Develop, implement, and maintain a system to measure and track productivity and efficacy of MHSA programs.</li> <li>Conduct research and evaluation, set up appropriate databases and participate in system planning for MHSA.</li> </ul>	<b>Rady Children's Hospital Child and Adolescent Services Research Center (CASRC) 3020 Children's Way MC 5033 San Diego, CA 92123 (858) 966-7703</b>
AS-3	Administrative Services Organization Expansion	Provide crisis services and referral. Facilitate access through the Fee For Service Provider network.	Increase client access through information and referral.	<ul style="list-style-type: none"> <li>Clients system-wide.</li> </ul>	<ul style="list-style-type: none"> <li>Increase the Fee for Service (FFS) provider network.</li> <li>Provide Access &amp; Crisis Line services to additional clients.</li> </ul>	<b>United Behavioral Health Access and Crisis Line 1-800-479-3339</b>
AS-4	Housing/Capital Facilities Technical Consultant	Technical expertise on housing development, partnership engagement and funding opportunities.	Increase access to housing for clients.	<ul style="list-style-type: none"> <li>Transition Age Youth, Adults and Older Adults</li> <li>Countywide</li> <li>Receiving services through MHSA</li> </ul>	<ul style="list-style-type: none"> <li>Develop linkages between available housing, subsidies and services</li> <li>Develop new housing resources.</li> <li>Aid in securing new short-term, transitional and permanent supported housing.</li> </ul>	<b>Corporation for Supportive Housing, Inc. 328 Maple St, 4<sup>th</sup> Fl San Diego, CA 92103 (619) 234-4102 www.csh.org</b>



## Administrative Services (Continued)

Old CSS Plan	Program	Program Description	Program Goal	Target Population	Services Offered	Contact Information
AS-6	Consultant-Community Education Contractor	Contractor will develop a Behavioral Health Training Curriculum and a System Wide Education and Training Plan.	To coordinate the design, planning, development, implementation and evaluation of system wide training.	<ul style="list-style-type: none"> <li>Behavioral Health service providers, administrative staff, consumers and families.</li> </ul>	<ul style="list-style-type: none"> <li>Administrative services. System-wide training sessions.</li> </ul>	<b>San Diego State University Research Foundation</b> <b>6505 Alvarado Rd, Ste 107</b> <b>San Diego, CA 92120</b> <b>(619) 594-7232</b> <a href="http://pcwta.sdsu.edu/programs/BHETA/index.htm">http://pcwta.sdsu.edu/programs/BHETA/index.htm</a>
AS-7	Child and Youth Consumer/ Family Liaison	Coordinate client and family input in the areas of policy, practice, program development and implementation of Children's Mental Health Services (CMHS).	Advance authentic client and family partnership in CMHS.	<ul style="list-style-type: none"> <li>Children and youth with SED and their family members.</li> <li>Targets unserved and underserved ethnically diverse populations.</li> </ul>	<ul style="list-style-type: none"> <li>Administrative services</li> </ul>	<b>Family and Youth Roundtable</b> <b>3320 Kemper St, Ste 201</b> <b>San Diego, CA 92110</b> <b>(619) 546-5852</b>
AS-7	Adult Consumer/ Family Liaison	Coordinate client and family input in the areas of policy, practice, program development and implementation of Adult Mental Health Services (AMHS).	Advance authentic client and family partnership in AMHS.	<ul style="list-style-type: none"> <li>Adults with SMI (Severe Mental Illness) and their family members.</li> <li>Targets unserved and underserved ethnically diverse populations.</li> </ul>	<ul style="list-style-type: none"> <li>Administrative services</li> </ul>	<b>Recovery Innovations of California, Inc. (RICA)</b> <b>3565 Del Rey St, Ste 202</b> <b>San Diego, CA 92109</b> <b>(858) 274-4650</b> <a href="http://www.recoveryinnovations.org">www.recoveryinnovations.org</a>
OT-1	System-wide Community Education Training and Technical Enhancements	<p>A comprehensive System-Wide Education and Training Program (SWETP).</p> <p>Computers, telemedicine equipment and a training room to enhance clinical services.</p>	Quality improvement initiatives to enhance service delivery in the Mental Health Services system for all populations.	<ul style="list-style-type: none"> <li>Target populations of all ages</li> <li>Service providers</li> <li>County staff</li> <li>Consumer advocates</li> </ul>	<p>Education and Training</p> <ul style="list-style-type: none"> <li>Cultural competency staff training</li> <li>San Diego Medication Algorithm project</li> <li>Behavioral Health Initiative training for staff</li> <li>Technical Enhancements</li> <li>Computers for staff to accommodate new MIS</li> <li>Telemedicine equipment</li> <li>Training room equipment</li> </ul>	<b>Countywide</b>

## Administrative Services (Continued)

Old CSS Plan	Program	Program Description	Program Goal	Target Population	Services Offered	Contact Information
OT-1a	System-wide Community Education Training and Technical Enhancements	<p>Additional funding for telemedicine equipment.</p> <p>Funding for trainings and a consumer conference.</p>	<p>Enhance delivery of telemedicine services at the County Hospital and Exodus Recovery Assessment Centers.</p> <p>Increase availability of consumer trainings.</p> <p>Host a Cultural Competency Summit.</p>	<ul style="list-style-type: none"> <li>• County-wide</li> <li>• Consumers of mental health services</li> <li>• Service providers and County staff</li> </ul>	<ul style="list-style-type: none"> <li>• Telemedicine</li> <li>• Training</li> </ul>	<p><b>Telemedicine available through County Psychiatric Hospital and TAOA-2.</b></p> <p><b>Training available through A-3.</b></p> <p><b>Cultural Competency Summit occurred in 2007.</b></p>

## Definitions for terms used in this document:

- **Full Service Partnership (FSP):** Provide all necessary services and supports to help clients achieve their mental health goals and treatment plan. FSP services comprehensively address client and family needs and “do whatever it takes” to meet those needs, including intensive services and supports and strong connections to community resources with a focus on resilience and recovery.
- **Severe Mental Illness (SMI):** A diagnosable mental disorder found in persons aged 18 years and older that is so long lasting and severe that it seriously interferes with a person's ability to take part in major life activities.
- **Seriously Emotionally Disturbed (SED),** as defined in the California Welfare & Institutions Code Section 5600.3. A diagnosable mental disorder found in persons from birth to 18 years of age that is so severe and long lasting that it seriously interferes with functioning in family, school, community, or other major life activities.
- **Assertive Community Treatment (ACT)** is a team-based approach to the provision of treatment, rehabilitation, and support services. ACT models of treatment are built around a self-contained multidisciplinary team that serves as the fixed point of responsibility for all patient care for a fixed group of patients. The treatment team typically provides all patient services using a highly integrated approach to care.
- **Underinsured:** A client is underinsured when they lack mental health coverage or have exhausted mental health insurance coverage, as evidenced by a denial letter.
- **Assertive outreach:** An approach for individuals who cannot or will not engage with traditional mental health services. A professional team works with clients in their own environment, be it a cafe, a park or in the street - wherever it is most needed and most effective. This flexibility allows people to get services who might otherwise not receive them and where they feel most comfortable.
- **Biopsychosocial Rehabilitation (BPSR):** Psychosocial rehabilitation is an array of services designed to help an individual to capitalize on personal strengths, to develop coping strategies and skills to deal with deficits, and to develop a supportive environment in which to function as independently as possible.
- **Transition Age Youth (TAY):** youth and young adults age 16-24.
- **Co-Occurring Disorders:** In this context, refers to a dual diagnosis of mental illness and alcohol or substance abuse.
- **SSI:** Supplemental Security Income
- **SSA:** Social Security Administration